



Dear Parent/Guardian:

Markham Elementary is kicking off our American Heart Association Jump Rope For Heart program! The event will be held January 9th & 10th (please see the attached schedule for exact times and dates for individual classrooms). When your child participates in Jump Rope for Heart, he/she will:

- Learn about the importance of the heart – how it works and how to take care of it!
- Help others with special hearts: Did you know Congenital Heart Defects are the most common cause of infant death from birth defects? Congenital Heart Defects affects 1 out of every 100 children. Many children are alive today because of treatments not available even 10 years ago.
- Feel good for making a difference in people’s lives! Through this community service project, our students have the opportunity to raise funds for the American Heart Association to fund research, medicines, surgeries, and educational materials to lower the risks of America’s #1 and #4 killers: heart disease and stroke!

DEADLINE: Donations are due January 10th

Please make checks payable to American Heart Association. You can even check with your place of employment to see if they offer a matching gift

Welcome our 16-17 ZOO CREW! Your Child will have the opportunity to learn about heart health with the members of the zoo crew AND they can collect all 6!

Join the Zoo Crew! Collect all 6 Characters!

<p>Your teacher has these 6 characters NOW!</p> <p>Rory McFiercely III \$5</p>	<p>Mr. Tusker First Online Donation</p>	<p>Savanna Bolt \$85 Online</p>	<p>Live Shots \$20</p>	<p>Jenny Kicks \$35</p>	<p>Finley Chatterton \$100</p>
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See back of this letter for online fundraising instructions and how to earn the Rory Zoo Crew Badge – it’s fun, safe, easy, and a great way to raise lifesaving researching dollars!

Sincerely,

Mrs. Misencik

HEART HERO
Jhett, age 7

“At 10 months old I received a heart transplant. In 2012 I was diagnosed with Transplant Coronary Artery Disease and have been waiting for my second heart transplant.”

ONLINE FUNDRAISING INSTRUCTIONS:

REGISTER ONLINE today! Here's how...

Step 1: Go to heart.org/jump or heart.org/hoops

Step 2: In the **Find Your School and Sign Up** area, click on your state or enter the city where your school is located. Click on the first letter of your school's name. Once you find your school, click on **Join Team**.

Step 3: Create your Username, Password and answer a security question. **Click Continue.** (*Be sure your Username and Password are easy to remember.*)

Step 4: Fill out the registration form. Review the **Online Waiver** and click the box to accept it. Once you're done, click the **Continue** button

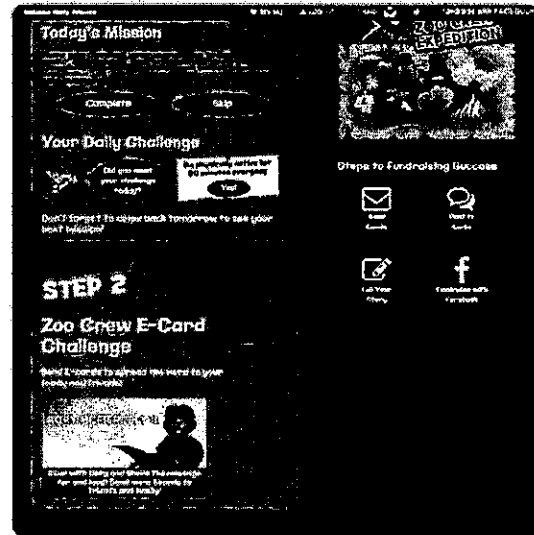
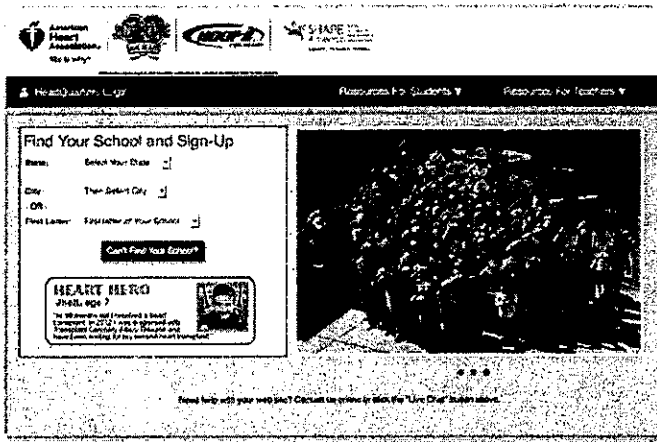
And then send your E-Card! Here's how...

Step 1: Once you're registered, log in to your Headquarters and click on the E-Card under Step 2.

Step 2: Choose your character, background and personalize your card with your own picture (optional).

Step 3: Take a challenge.

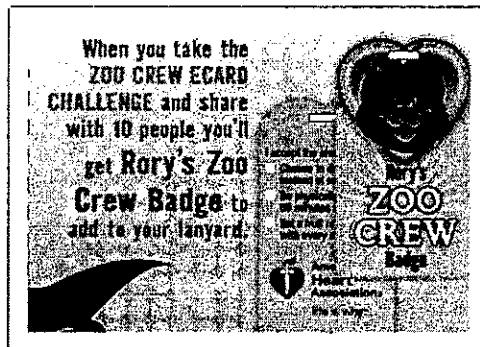
Step 4: Add a personalized message or use the one provided and send to as many friends and family as possible. You can also share on social media and have friends support you that way.



Congratulations! You have registered for Jump Rope For Heart online!

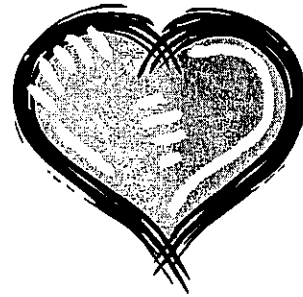
Your next step is to email your family and friends using the email tab in your Headquarters:

→ *Send 10 Healthy Challenge emails and earn your Zoo Crew badge immediately*





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Dear PTA Parent or Guardian:

Our Jump Rope for Heart for the 3rd, 4th, and 5th grade will be taking place on January 9th (Day 4) Monday A.M. and January 10th (Day 5) Thursday A.M. *******IF BY CHANCE WE HAVE SCHOOL CANCELLED DUE TO WEATHER CONDITIONS AND THE DAY 4 & 5 MOVES TO A LATER DATE, THE EVENT WILL OCCUR ON WHICHEVER DAY 4 & 5 FALLS ON AFTER THE JANUARY 9TH DATE*******

Can you help?

The event will occur during the times listed below. If possible, I would like to have about four or five adults to help with each class. Volunteers will have duties such as counting jumps and encouraging students to do their best. The schedule is as follows:

Day 4 Morning	10:00 – 10:30 am --- Mrs. Howe
	10:30 – 11:00 am --- Miss Sharman
Day 5 Morning	8:45 – 9:15 am --- Mrs. Gasbarro
	9:15 – 9:45 am --- Mr. Humes
	10:00 – 10:30 am --- Ms. Contes
	10:30 – 11:00 am --- Mrs. Backa
	11:00 – 11:30 am --- Mrs. Evangelista
	11:30 – 12:00 pm --- Mr. Gigler

If possible, I would like volunteers to sign up for entire morning/afternoon sessions. If this is not possible, then single half-hour help would be great! If you can help at any of these times, PLEASE contact Julie Baych at julieslucie@gmail.com or (412-551-7948) to schedule a time by Thursday January 5th, 2017.

IF YOU CANNOT COMMIT TO A TIME TO SIGN UP, WALK-IN VOLUNTEERS ARE WELCOME AT ANY TIME. I UNDERSTAND THAT IT'S OFTEN DIFFICULT TO KNOW YOUR SCHEDULE AHEAD OF TIME, BUT THE DAY OF THE EVENT YOU MAY BE FREE, SO PLEASE COME AND HELP



American Heart Association

Matching Gift Confirmation for Gifts made online through Company

Name of student receiving matching gift

Name of school student attends with city and state

_____ City _____ State _____

Name of company (employer)

Name of donor with matching gift (employee)

Amount of donation \$ _____

Amount of match by company \$ _____ (Sometimes it is not dollar for dollar)

Confirmation number of gift if made online _____

MUST HAVE COPY OF CHECK OR CASH ATTACHED TO THIS FORM FOR PROOF OF DONATION BY EMPLOYEE – IF DONATION MADE ONLINE CONFIRMATION NUMBER IS ALL THAT IS NEEDED