

Meals can be picked up at any of the 7 elementary schools daily.

Meals are distributed at no cost to anyone age 18 or under!

Meals are distributed from 10:45 until 1:15 daily.

Please be sure to complete the [Weekly Meal Questionnaire](#), which can be found on the district website!

#### A MEAL INCLUDES:

1 Entrée  
Assorted Fruits and Vegetables  
1 Milk



#### FRUITS/VEGGIES

Baby Carrots, Celery Sticks, Broccoli Florets  
Variety of fresh, dried and canned fruits  
100% Fruit Juice



#### FOOD SERVICE CONTACT INFO

☎ ➡ 412-344-2014

🐦 ➡ @CafeLebo

🌐 ➡ [mtlsd.org/Foodservice](http://mtlsd.org/Foodservice)  
(menus, nutritional and payment info)

NOLEN FETCHKO - FOOD SERVICE DIRECTOR  
[nfetchko@mtlsd.net](mailto:nfetchko@mtlsd.net)

JOHN SABAN - FOOD SERVICE MANAGER  
[jsaban@mtlsd.net](mailto:jsaban@mtlsd.net)

DAVE MISTERKA - DISTRICT CHEF  
[dmisterka@mtlsd.net](mailto:dmisterka@mtlsd.net)

#### Food Service Department Mission Statement

The mission of the food service department is to promote good nutrition by providing quality meals while maintaining the highest level of customer satisfaction



THIS INSTITUTION IS  
AN EQUAL OPPORTUNITY  
PROVIDER AND EMPLOYER

## MTLSD LUNCH MENU DECEMBER 2020 - HUSSC AWARD WINNING SCHOOLS

| MONDAY   | TUESDAY  | WEDNESDAY  | THURSDAY   | FRIDAY  |
|--|--|--|--|---|
| <b>JOIN OUR TEAM!</b><br>Our food service team is seeking new members in a variety of positions! Please see postings and apply on our district website!  | <b>1 Hot Entrée</b><br>SPIRAL PASTA WITH MARINARA SAUCE AND CHEESE<br><a href="#">Deli Selection</a><br>UNCRUSTABLE<br><a href="#">Daily Offerings</a><br>BAGEL and YOGURT OR<br>GARDEN SALAD<br>Unlimited fruits & vegetables<br>Assorted milk choice | <b>2 Hot Entrée</b><br>BAKED CHICKEN NUGGETS WITH A DINNER ROLL<br><a href="#">Deli Selection</a><br>UNCRUSTABLE<br><a href="#">Daily Offerings</a><br>BAGEL and YOGURT OR<br>GARDEN SALAD<br>Unlimited fruits & vegetables<br>Assorted milk choice                | <b>3 Hot Entrée</b><br>CHEESE PIZZA<br><a href="#">Deli Selection</a><br>UNCRUSTABLE<br><a href="#">Daily Offerings</a><br>BAGEL and YOGURT OR<br>GARDEN SALAD<br>Unlimited fruits & vegetables<br>Assorted milk choice                                    | <b>4 Hot Entrée</b><br>CHEESEBURGER ON A WHOLE GRAIN BUN<br><a href="#">Deli Selection</a><br>UNCRUSTABLE<br><a href="#">Daily Offerings</a><br>BAGEL and YOGURT OR<br>GARDEN SALAD<br>Unlimited fruits & vegetables<br>Assorted milk choice                |
| <b>7 Hot Entrée</b><br>CORN DOG ON A STICK<br><a href="#">Deli Selection</a><br>ITALIAN HOAGIE<br><a href="#">Daily Offerings</a><br>BAGEL and YOGURT OR<br>GARDEN SALAD<br>Unlimited fruits & vegetables<br>Assorted milk choice                                | <b>8 Hot Entrée</b><br>THREE CHEESE MINI PIZZA BAGELS<br><a href="#">Deli Selection</a><br>ITALIAN HOAGIE<br><a href="#">Daily Offerings</a><br>BAGEL and YOGURT OR<br>GARDEN SALAD<br>Unlimited fruits & vegetables<br>Assorted milk choice           | <b>9 Hot Entrée</b><br>BAKED POPCORN CHICKEN WITH A DINNER ROLL<br><a href="#">Deli Selection</a><br>ITALIAN HOAGIE<br><a href="#">Daily Offerings</a><br>BAGEL and YOGURT OR<br>GARDEN SALAD<br>Unlimited fruits & vegetables<br>Assorted milk choice             | <b>10 Hot Entrée</b><br>MINI WAFFLES WITH YOGURT CUP<br><a href="#">Deli Selection</a><br>ITALIAN HOAGIE<br><a href="#">Daily Offerings</a><br>BAGEL and YOGURT OR<br>GARDEN SALAD<br>Unlimited fruits & vegetables<br>Assorted milk choice                | <b>11 Hot Entrée</b><br>HAMBURGER ON A WHOLE GRAIN BUN<br><a href="#">Deli Selection</a><br>ITALIAN HOAGIE<br><a href="#">Daily Offerings</a><br>BAGEL and YOGURT OR<br>GARDEN SALAD<br>Unlimited fruits & vegetables<br>Assorted milk choice               |
| <b>14 Hot Entrée</b><br>MINI FRENCH TOAST WITH YOGURT CUP<br><a href="#">Deli Selection</a><br>TURKEY & CHEESE CROISSANT<br><a href="#">Daily Offerings</a><br>BAGEL and YOGURT OR<br>GARDEN SALAD<br>Unlimited fruits & vegetables<br>Assorted milk choice      | <b>15 Hot Entrée</b><br>CHEESE CALZONE<br><a href="#">Deli Selection</a><br>TURKEY & CHEESE CROISSANT<br><a href="#">Daily Offerings</a><br>BAGEL and YOGURT OR<br>GARDEN SALAD<br>Unlimited fruits & vegetables<br>Assorted milk choice               | <b>16 Hot Entrée</b><br>BAKED CHICKEN NUGGETS WITH A DINNER ROLL<br><a href="#">Deli Selection</a><br>TURKEY & CHEESE CROISSANT<br><a href="#">Daily Offerings</a><br>BAGEL and YOGURT OR<br>GARDEN SALAD<br>Unlimited fruits & vegetables<br>Assorted milk choice | <b>17 Hot Entrée</b><br>CHEESE FILLED GARLIC BREADSTICKS<br><a href="#">Deli Selection</a><br>TURKEY & CHEESE CROISSANT<br><a href="#">Daily Offerings</a><br>BAGEL and YOGURT OR<br>GARDEN SALAD<br>Unlimited fruits & vegetables<br>Assorted milk choice | <b>18 Hot Entrée</b><br>CHEESEBURGER ON A WHOLE GRAIN BUN<br><a href="#">Deli Selection</a><br>TURKEY & CHEESE CROISSANT<br><a href="#">Daily Offerings</a><br>BAGEL and YOGURT OR<br>GARDEN SALAD<br>Unlimited fruits & vegetables<br>Assorted milk choice |
| <b>21 Hot Entrée</b><br>CHICKEN PATTY SANDWICH ON WHOLE GRAIN BUN<br><a href="#">Deli Selection</a><br>HAM & CHEESE CROISSANT<br><a href="#">Daily Offerings</a><br>BAGEL and YOGURT OR<br>GARDEN SALAD<br>Unlimited fruits & vegetables<br>Assorted milk choice | <b>22 Hot Entrée</b><br>HOT DOG IN A BUN<br><a href="#">Deli Selection</a><br>HAM & CHEESE CROISSANT<br><a href="#">Daily Offerings</a><br>BAGEL and YOGURT OR<br>GARDEN SALAD<br>Unlimited fruits & vegetables<br>Assorted milk choice                | <b>23 Hot Entrée</b><br>BAKED POPCORN CHICKEN WITH A DINNER ROLL<br><a href="#">Deli Selection</a><br>HAM & CHEESE CROISSANT<br><a href="#">Daily Offerings</a><br>BAGEL and YOGURT OR<br>GARDEN SALAD<br>Unlimited fruits & vegetables<br>Assorted milk choice    |  |   |



Happy Holidays

