STUDENT LUNCH MEAL INCLUDES

- **ENTREE**
- CHOICE of 1 or 2 VEGETABLES
- CHOICE of 1 or 2 FRUIT
- BREAD / GRAIN
- CHOICE OF MILK



NOTE: All meals MUST include a fruit or a vegetable

STUDENT MEAL PRICES:

STUDENT OR ANY COMMUNITY MEMBER AGE 18 OR UNDER!

- DRIED FRUIT



PA

REGISTERED PENNSYLVANIA DEPARTMENT OF AGRICULTURE

DAILY VEGETABLE CHOICES

- ASSORTED FROZEN VEGETABLES

DAILY SANDWICH CHOICES

- CHICKEN PATTY
- **CHEESEBURGER**
- HAMBURGER
- **DELI SELECTION**



FRESH MADE GARDEN SALAD **AVAILABLE DAILY**



each elementary school daily from 10:45 until 1:15!

We ask that you continue to utilize the allow us to continue to send proper amounts of each food item to each elementary school's serving site.

Meals in the schools and served outside of elementary schools will continue to be FREE until further notice!

THIS INSTITUTION IS AN EQUAL

HIGH SCHOOL MENU MARCH 2021



Mt

8

15

22

ENTREES

MONDAY

BUFFALO CHICKEN SANDWICH

CHEESE / PEPPERONI STUFFED BREAD STICKS W//MARINARA

FRESH GARDEN SALAD

SIDE ITEMS

ASSORTED VEGETABLES ASSORTED FRUIT CHOICE ASSORTED MILK CHOICE

ENTREES

MEATBALL HOAGIE

CHEESE / PEPPERONI STUFFED

BREAD STICKS W//MARINARA

FRESH GARDEN SALAD

SIDE ITEMS

ASSORTED VEGETABLES

ASSORTED FRUIT CHOICE

ASSORTED MILK CHOICE

ENTREES

CHICKEN PARM

W/GARLIC BREADSTICK

CHEESE / PEPPERONI STUFFED

BREAD STICKS W//MARINARA

FRESH GARDEN SALAD

SIDE ITEMS

ASSORTED VEGETABLES

ASSORTED FRUIT CHOICE

ASSORTED MILK CHOICE

SLICED GYRO MEAT

ON A PITA BREAD

CHEESE / PEPPERONI STUFFED

BREAD STICKS W//MARINARA

FRESH GARDEN SALAD

SIDE ITEMS

ASSORTED VEGETABLES

ASSORTED FRUIT CHOICE

ASSORTED MILK CHOICE

ENTREES

2 **ENTREES**

9

16

23

TOMATO BASIL FLATBREAD

TUESDAY

SPICY CHICKEN BREAST ON A FRENCH ROLL

FRESH GARDEN SALAD

SIDE ITEMS

ASSORTED VEGETABLES ASSORTED FRUIT CHOICE ASSORTED MILK CHOICE

ENTREES

BBQ PULLED PORK SANDWICH

SPICY CHICKEN BREAST

ON A FRENCH ROLL

FRESH GARDEN SALAD

SIDE ITEMS

ASSORTED VEGETABLES

ASSORTED FRUIT CHOICE

ASSORTED MILK CHOICE

ENTREES

BEEF TACOS w/LETTUCE & CHEESE

SPICY CHICKEN BREAST

ON A FRENCH ROLL

FRESH GARDEN SALAD

SIDE ITEMS

ASSORTED VEGETABLES

ASSORTED FRUIT CHOICE

ASSORTED MILK CHOICE

ENTREES

PENNE PASTA w/MEATBALLS

AND GARLIC TOAST

SPICY CHICKEN BREAST

ON A FRENCH ROLL

FRESH GARDEN SALAD

SIDE ITEMS

ASSORTED VEGETABLES

ASSORTED FRUIT CHOICE

ASSORTED MILK CHOICE

Remote Instructional Day

PICK UP YOUR

WEDNESDAY

LUNCH AT ANY ELEMENTARY SCHOOL

from 10:45 until 1:15

Remote

Instructional Day

PICK UP YOUR

LUNCH AT ANY

ELEMENTARY SCHOOL

from 10:45 until 1:15

Remote

Instructional Day

PICK UP YOUR

LUNCH AT ANY

ELEMENTARY SCHOOL

from 10:45 until 1:15

Remote

Instructional Day

PICK UP YOUR

LUNCH AT ANY

ELEMENTARY SCHOOL

from 10:45 until 1:15

ENTREES

11

18

25

CHICKEN NUGGETS w/ROLL AND WHIPPED POTATOES w/GRAVY

THURSDAY

NACHO GRANDE

FRESH GARDEN SALAD

SIDE ITEMS

ASSORTED VEGETABLES ASSORTED FRUIT CHOICE ASSORTED MILK CHOICE

ENTREES

PIEROGIES w/DINNER ROLL

NACHO GRANDE

FRESH GARDEN SALAD

SIDE ITEMS

ASSORTED VEGETABLES

ASSORTED FRUIT CHOICE

ASSORTED MILK CHOICE

ENTREES

POPCORN CHICKEN W/DINNER ROLL

AND WHIPPED POTATOES w/GRAVY

NACHO GRANDE

FRESH GARDEN SALAD

SIDE ITEMS

ASSORTED VEGETABLES

ASSORTED FRUIT CHOICE

ASSORTED MILK CHOICE

ENTREES

GENERAL TSO'S CHICKEN

OVER WHOLE GRAIN RICE

NACHO GRANDE

FRESH GARDEN SALAD

SIDE ITEMS

ASSORTED VEGETABLES

ASSORTED FRUIT CHOICE

ASSORTED MILK CHOICE

SIDE ITEMS

ASSORTED VEGETABLES

FRIDAY

ENTREES

FRESH MADE CHEESE

OR PEPPERONI PIZZA

BONELESS WINGS

w/CELERY STICKS

FRESH GARDEN SALAD

5

12

19

26

ASSORTED FRUIT CHOICE

ENTREES

FRESH MADE CHEESE OR PEPPERONI PIZZA

> **BONELESS WINGS** w/CELERY STICKS

FRESH GARDEN SALAD

SIDE ITEMS

ASSORTED VEGETABLES ASSORTED FRUIT CHOICE ASSORTED MILK CHOICE

ENTREES

FRESH MADE CHEESE OR PEPPERONI PIZZA

> **BONELESS WINGS** w/CELERY STICKS

FRESH GARDEN SALAD

SIDE ITEMS

ASSORTED VEGETABLES ASSORTED FRUIT CHOICE ASSORTED MILK CHOICE

ENTREES

FRESH MADE CHEESE OR PEPPERONI PIZZA

> **BONELESS WINGS** w/CELERY STICKS

FRESH GARDEN SALAD

SIDE ITEMS

ASSORTED VEGETABLES ASSORTED FRUIT CHOICE ASSORTED MILK CHOICE

Remote Instructional Day

LUNCH AT ANY **ELEMENTARY SCHOOL**

from 10:45 until 1:15

Scan here to order your lunches each week!



STUDENT MEALS ARE FREE TO ANY

DAILY FRUIT CHOICES

- ASSORTED CANNED FRUIT
- ASSORTED FRESH FRUIT
- FRUIT JUICE

- ASSORTED FRESH VEGETABLES



DAILY MILK CHOICES

- WHITE 1%
- CHOCOLATE 1%

got milk?

Meals will still be available in front of

MTLSD Weekly Meal Questionnaire, even while we are in hybrid! This will

29 **ENTREES**

FRENCH BREAD PIZZA with TOPPINGS

CHEESE / PEPPERONI STUFFED BREAD STICKS W//MARINARA

FRESH GARDEN SALAD

SIDE ITEMS

ASSORTED VEGETABLES ASSORTED FRUIT CHOICE ASSORTED MILK CHOICE

23 **ENTREES**

TURKEY & CHEESE CROISSANT

SPICY CHICKEN BREAST ON A FRENCH ROLL

FRESH GARDEN SALAD

SIDE ITEMS

ASSORTED VEGETABLES ASSORTED FRUIT CHOICE ASSORTED MILK CHOICE

PICK UP YOUR

MENU SUBJECT