LUNCH PRICES:

Regular Lunch Price \$2.50 Reduced Lunch Price \$0.40 Adult Lunch \$2.75 Side Items \$0.90 (fruit and vegetables)

ALACARTE ITEMS
Bottled Water (80z) - \$0.75
Snack Bags (LIMIT OF 2) (Tue only) - \$0.75 Ice Cream (LIMIT OF 1) (Thurs only) - \$1,25

MILK CHOICES - \$0.50 SKIM

WHITE 1% **CHOCOLATE 1%** FAT FREE STRAWBERRY FAT FREE VANILLA



A MEAL INCLUDES: 1 Entrée

Unlimited fruits/vegetables 1 Milk



UNLIMITED FRUITS/VEGGIES

Fresh Apples/Oranges/Bananas Variety of fresh, dried and canned fruits Fruited Jell-O 100% Fruit Juice (limit of 2) MON-WED-FRI 100% Vegetable Juice (limit of 2) TUE-THUR Side salad Specialty Salads

Baby Carrots, Celery Sticks, Broccoli Florets

FOOD SERVICE CONTACT INFO



412-344-2014





mtlsd.org/Foodservice (menus, nutritional and payment info)

NOLEN FETCHKO - FOOD SEVICE DIRECTOR nfetchko@mtlsd.net

JOHN SABAN - FOOD SERVICE MANAGER jsaban@mtlsd.net

DAVE MISTERKA - DISTRICT CHEF dmisterka@mtlsd.net

> Food Service Department Mission Statement

The mission of the food service department is to promote good nutrition by providing quality meals while maintaining the highest level of customer satisfaction



THIS INSTITUITION IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER

ELEMENTARY MENU DECEMBER 2019 - HUSSC AWARD WINNING SCHOOLS



WK 3 2 Hot Entrée

> MINI WAFFLES WITH YOGURT CUP **Deli Selection**

MONDAY

POPCORN CHICKEN WRAP **Daily Offerings BAGEL and YOGURT**

OR GARDEN SALAD Unlimited fruits & vegetables Assorted milk choice

3 Hot Entrée SPIRAL PASTA WITH MARINARA SAUCE AND CHEESE

Deli Selection POPCORN CHICKEN WRAP **Daily Offerings BAGEL and YOGURT**

TUESDAY

OR **GARDEN SALAD** Unlimited fruits & vegetables Assorted milk choice

Hot Entrée

BAKED CHICKEN PATTY SANDWICH **Deli Selection**

POPCORN CHICKEN WRAP **Daily Offerings BAGEL and YOGURT**

OR **GARDEN SALAD** Unlimited fruits & vegetables Assorted milk choice

Hot Entrée

CHEESE FILLED GARLIC STICKS WITH MARINARA SSAUCE **Deli Selection**

THURSDAY

POPCORN CHICKEN WRAP **Daily Offerings BAGEL and YOGURT** OR **GARDEN SALAD**

Unlimited fruits & vegetables Assorted milk choice

Hot Entrée

6

13

SNACK DAY

SMART

20

HAMBURGER ON A WHOLE GRAIN BUN **Deli Selection**

FRIDAY

POPCORN CHICKEN WRAP **Daily Offerings BAGEL and YOGURT** OR

GARDEN SALAD Unlimited fruits & vegetables Assorted milk choice

WK 4 9

Hot Entrée

MINI TRIPLE BERRYFRENCH TOAST WITH YOGURT CUP **Deli Selection**

Daily Offerings BAGEL and YOGURT OR

Unlimited fruits & vegetables Assorted milk choice

Hot Entrée

TACO BEEF QUESADILLAS **Deli Selection** ITALIAN HOAGIE **Daily Offerings**

BAGEL and YOGURT OR **GARDEN SALAD** Unlimited fruits & vegetables Assorted milk choice

Hot Entrée 11 **BAKED POPCORN CHICKEN**

WITH A DINNER ROLL **Deli Selection** ITALIAN HOAGIE

> **Daily Offerings BAGEL and YOGURT**

GARDEN SALAD Unlimited fruits & vegetables Assorted milk choice

BAKED CHICKEN NUGGETS WITH A DINNER ROLL

Daily Offerings BAGEL and YOGURT

GARDEN SALAD Unlimited fruits & vegetables Assorted milk choice

Hot Entrée BEEF STIR FRY OVER RICE

12

19

Deli Selection ITALIAN HOAGIE

Daily Offerings BAGEL and YOGURT OR

GARDEN SALAD Unlimited fruits & vegetables Assorted milk choice

> Hot Entrée CHEESE PIZZA

Deli Selection

BAGEL and YOGURT OR **GARDEN SALAD**

Hot Entrée **MEXICAN FIESTA BOWL**

Deli Selection ITALIAN HOAGIE

Daily Offerings BAGEL and YOGURT OR

GARDEN SALAD Unlimited fruits & vegetables Assorted milk choice

Hot Entrée CHEESEBURGER ON A

WHOLE GRAIN BUN **Deli Selection**

TURKEY & CHEESE CROISSANT Daily Offerings BAGEL and YOGURT

GARDEN SALAD Unlimited fruits & vegetables Assorted milk choice







10

ITALIAN HOAGIE

GARDEN SALAD

WK 5 16 Hot Entrée

MINI PANCAKES WITH YOGURT CUP **Deli Selection**

URKEY & CHEESE CROISSANT **Daily Offerings BAGEL and YOGURT**

GARDEN SALAD Unlimited fruits & vegetables Assorted milk choice Assorted milk choice

17 Hot Entrée HOT DOG IN A BUN

Deli Selection **TURKEY & CHEESE CROISSANT Daily Offerings BAGEL and YOGURT**

GARDEN SALAD Unlimited fruits & vegetables Assorted milk choice

Hot Entrée 18

DA√

TRAY

LUCKY

Deli Selection TURKEY & CHEESE CROISSANT

OR

TURKEY & CHEESE CROISSANT Daily Offerings

Unlimited fruits & vegetables Assorted milk choice