LUNCH PRICES:

Regular Lunch Price \$2.50 Reduced Lunch Price \$0.40 Adult Lunch \$2.75

Side Items \$0.90 (fruit and vegetables)

ALACARTE ITEMS

Bottled Water (8oz) - \$0.75 Snack Bags (LIMIT OF 2) (Tue only) Ice Cream (LIMIT OF 1) (Thurs only) \$1.25

MILK CHOICES - \$0.50

SKIM WHITE 1% **CHOCOLATE 1%** FAT FREE STRAWBERRY FAT FREE VANILLA



7

WK 2

WK 3 21

WK 4

28

A MEAL INCLUDES:

1 Entrée Unlimited fruits/vegetables 1 Milk



UNLIMITED FRUITS/VEGGIES

Fresh Apples/Oranges/Bananas Variety of fresh, dried and canned fruits 100% Fruit Juice (limit of 2) MON-WED-FRI 100% Veggie Juice (limit of 2) TUE-THUR Side salad Specialty Salads Baby Carrots, Celery Sticks, Broccoli

FOOD SERVICE CONTACT INFO



412-344-2014



@CafeLebo



mtlsd.org/Foodservice (menus, nutritional and payment info)

NOLEN FETCHKO - FOOD SEVICE DIRECTOR nfetchko@mtlsd.net

JOHN SABAN - FOOD SERVICE MANAGER jsaban@mtlsd.net

DAVE MISTERKA - DISTRICT CHEF dmisterka@mtlsd.net

> Food Service Department Mission Statement

The mission of the food service department is to promote good nutrition by providing quality meals while maintaining the highest level of customer satisfaction

> AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER

ELEMENTARY MENU OCTOBER 2019 - HUSSC AWARD WINNING SCHOOLS



4



WK 6 30 Hot Entrée

> MINI CINNAMON FRENCH TOAST WITH YOGURT CUP **Deli Selection**

MONDAY

HAM & CHEESE CROISSANT **Daily Offerings BAGEL and YOGURT** OR

GARDEN SALAD Unlimited fruits & vegetables Assorted milk choice WK 1

Hot Entrée

MINI PANCAKES

WITH YOGURT CUP **Deli Selection**

HAM & TURKEY CLUB

Hot Entrée

SPIRAL PASTA WITH MARINARA SAUCE AND CHEESE **Deli Selection**

TUESDAY

HAM & CHEESE CROISSANT **Daily Offerings BAGEL and YOGURT** OR

GARDEN SALAD Unlimited fruits & vegetables Assorted milk choice

Hot Entrée

CORN DOG ON A STICK

Deli Selection

HAM & TURKEY CLUB

Daily Offerings

BAGEL and YOGURT

Hot Entrée

BAKED POPCORN CHICKEN WITH A DINNER ROLL **Deli Selection**

WEDNESDAY

HAM & CHEESE CROISSANT Daily Offerings BAGEL and YOGURT OR

GARDEN SALAD Unlimited fruits & vegetables Assorted milk choice

NO SCHOOL

Hot Entrée MEATBALL HOAGIE

3

10

17

11

THURSDAY

Deli Selection HAM & CHEESE CROISSANT Daily Offerings BAGEL and YOGURT OR

GARDEN SALAD Unlimited fruits & vegetables Assorted milk choice

Hot Entrée

WALKING TACO

Deli Selection

HAM & TURKEY CLUB

Daily Offerings

BAGEL and YOGURT

OR

GARDEN SALAD

Unlimited fruits & vegetables

Assorted milk choice

Hot Entrée MEXICAN FIESTA BOWL

FRIDAY

Deli Selection

HAM & CHEESE CROISSANT **Daily Offerings BAGEL and YOGURT** OR **GARDEN SALAD** Unlimited fruits & vegetables

Assorted milk choice NO LUNCH



ACT 80 DAY

Hot Entrée

HAMBURGER ON A

GARDEN SALAD

OR Unlimited fruits & vegetables Assorted milk choice

YOM KIPPUR

Hot Entrée

BAKED CHICKEN NUGGETS WITH A DINNER ROLL **Deli Selection TURKEY & CHEESE HOAGIE**

Daily Offerings BAGEL and YOGURT OR

GARDEN SALAD Unlimited fruits & vegetables Assorted milk choice

Hot Entrée CHEESE PIZZA

Deli Selection TURKEY & CHEESE HOAGIE Daily Offerings BAGEL and YOGURT OR

GARDEN SALAD

Hot Entrée

CHEESE FILLED GARLIC STICKS

WITH MARINARA SSAUCE

Deli Selection

POPCORN CHICKEN WRAP

Daily Offerings

BAGEL and YOGURT

GARDEN SALAD

Unlimited fruits & vegetables

Unlimited fruits & vegetables Assorted milk choice

SNACK DAY SMART

18

WHOLE GRAIN BUN **Deli Selection TURKEY & CHEESE HOAGIE Daily Offerings**

BAGEL and YOGURT OR **GARDEN SALAD**

Unlimited fruits & vegetables Assorted milk choice

Deli Selection POPCORN CHICKEN WRAP

BAGEL and YOGURT

GARDEN SALAD Unlimited fruits & vegetables Assorted milk choice

Assorted milk choice

ITALIAN HOAGIF **Daily Offerings**

Unlimited fruits & vegetables Assorted milk choice

Hot Entrée

3 CHEESE PIZZA BAGELS **Daily Offerings**



MINI WAFFLES WITH YOGURT CUP **Deli Selection** POPCORN CHICKEN WRAP

Hot Entrée

IN-SERVICE DAY

Daily Offerings BAGEL and YOGURT

GARDEN SALAD Unlimited fruits & vegetables

Hot Entrée

MINI TRIPLE BERRYFRENCH

TOAST WITH YOGURT CUP

Deli Selection

ITALIAN HOAGIE

Daily Offerings

BAGEL and YOGURT

GARDEN SALAD

Unlimited fruits & vegetables

Assorted milk choice

Assorted milk choice

29

22

Hot Entrée

TACO BEEF QUESADILLAS

Deli Selection

ITALIAN HOAGIE

Daily Offerings

BAGEL and YOGURT

OR

GARDEN SALAD

Unlimited fruits & vegetables

Assorted milk choice

GARDEN SALAD Unlimited fruits & vegetables

Assorted milk choice

Assorted milk choice

30 Hot Entrée

BAKED POPCORN CHICKEN WITH A DINNER ROLL

> ITALIAN HOAGIE **Daily Offerings**

GARDEN SALAD Assorted milk choice

HAPPY HALLOWEEN 31 Hot Entrée

BEEF STIR FRY OVER RICE **Deli Selection**

BAGEL and YOGURT

GARDEN SALAD



THIS INSTITUITION IS

Daily Offerings BAGEL and YOGURT OR

8

GARDEN SALAD Unlimited fruits & vegetables Assorted milk choice

NO SCHOOL

15 Hot Entrée

MINI CINNAMON FRENCH TOAST WITH YOGURT CUP **Deli Selection TURKEY & CHEESE HOAGIE**

Daily Offerings BAGEL and YOGURT OR

GARDEN SALAD Unlimited fruits & vegetables Assorted milk choice

Hot Entrée

SPIRAL PASTA WITH

MARINARA SAUCE AND CHEESE

Deli Selection

POPCORN CHICKEN WRAP

Daily Offerings

BAGEL and YOGURT

TRAY

DAY

16

LUCKY

Hot Entrée **BAKED CHICKEN PATTY SANDWICH**

Deli Selection POPCORN CHICKEN WRAP **Daily Offerings**

BAGEL and YOGURT OR

GARDEN SALAD Unlimited fruits & vegetables

Deli Selection

OR

BAGEL and YOGURT

Unlimited fruits & vegetables