#### STUDENT LUNCH MEAL INCLUDES

- **ENTREE**
- UNLIMITED VEGETABLES
- UNLIMITED FRUIT
- BREAD / GRAIN
- CHOICE OF MILK

**NOTE:** All meals MUST include a fruit or a vegetable

#### STUDENT MEAL PRICES:

CAFÉ -\$2.65 MTL-\$3.00 BLUE-\$3.55

REDUCED PRICE: \$0.40

ADULTS - ALA CARTE PRICING



# 🚧 ALL FRUIT AND VEGGIES 🕵 ARE UNLIMITED



# DAILY FRUIT CHOICES

- ½ cup ASSORTED CANNED FRUIT
- ½ cup ASSORTED FRESH FRUIT
- 1/4 cup DRIED FRUIT



## DAILY VEGETABLE CHOICES

- ½ cup ASSORTED FRESH VEGETABLES
- ½ cup ASSORTED FROZEN VEGETABLES



## MILK CHOICES

SKIM 1% WHITE 1% CHOCOLATE



## **DAILY MENU ITEMS**

- CHICKEN TENDERS
- **HAMBURGER**
- **CHEESEBURGER**
- CHICKEN PATTY
- FRESH SALAD BAR
- WRAPS
- **PIZZA**

PROVIDER AND EMPLOYER



9

16

23

30

# **MIDDLE SCHOOL MENU MARCH 2020**





MONDAY

MTL MEATBALL HOAGIE **BLUE DEVIL** 

PEPPERONI & CHEESE STUFFED **BREAD STICKS** SIDE ITEMS

**CURLY FRIES SWEET PEAS** UNLIMITED SIDES OF FRESH VEGETABLES AND FRUIT

ASSORTED MILK CHOICE

MTL

**GENERAL TSO'S CHICKEN** 

OVER WHOLE GRAIN RICE

**BLUE DEVIL** 

PEPPERONI & CHEESE STUFFED

**BREAD STICKS** 

**SIDE ITEMS** 

STEAMED RICE

STEAMED BROCCOLI

**UNLIMITED SIDES OF** 

FRESH VEGETABLES AND FRUIT

ASSORTED MILK CHOICE

**BUFFALO CHICKEN SANDWICH** 

**BLUE DEVIL** 

PEPPERONI & CHEESE STUFFED

**BREAD STICKS** 

SIDE ITEMS

**CURLY FRIES** 

**GREEN BEANS** 

**UNLIMITED SIDES OF** 

FRESH VEGETABLES AND FRUIT

ASSORTED MILK CHOICE

**CAJUN CHICKEN SUB** 

**BLUE DEVIL** 

PEPPERONI & CHEESE STUFFED

**BREAD STICKS** 

SIDE ITEMS

ROASTED POTATOES

STEAMED BROCCOLI

**UNLIMITED SIDES OF** 

FRESH VEGETABLES AND FRUIT

ASSORTED MILK CHOICE

BBQ RIB SANDWICH

**BLUE DEVIL** 

PEPPERONI & CHEESE STUFFED

**BREAD STICKS** 

SIDE ITEMS

**WAFFLE FRIES** 

**GREEN BEANS** 

UNLIMITED SIDES OF

FRESH VEGETABLES AND FRUIT

ASSORTED MILK CHOICE

MTL

MTL

**BLUE DEVIL** SPICY CHICKEN BREAST ON A FRENCH ROLL SIDE ITEMS

10

17

24

31

WHIPPED POTATOES W/GRAVY **GOLDEN CORN UNLIMITED SIDES OF** FRESH VEGETABLES AND FRUIT ASSORTED MILK CHOICE

GRILLED CHEESE SANDWICH

WITH TOMATO SOUP

**BLUE DEVIL** 

SPICY CHICKEN BREAST

ON A FRENCH ROLL

SIDE ITEMS

WHIPPED POTATOES W/GRAVY

**GOLDEN CORN** 

**UNLIMITED SIDES OF** 

FRESH VEGETABLES AND FRUIT

ASSORTED MILK CHOICE

PIEROGIES W/DINNER ROLL

**BLUE DEVIL** 

SPICY CHICKEN BREAST

ON A FRENCH ROLL

SIDE ITEMS

WHIPPED POTATOES W/GRAVY

**GOLDEN CORN** 

**UNLIMITED SIDES OF** 

FRESH VEGETABLES AND FRUIT

ASSORTED MILK CHOICE

PENNE PASTA W/MEATBALLS

AND GARLIC TOAST

**BLUE DEVIL** 

SPICY CHICKEN BREAST

ON A FRENCH ROLL

SIDE ITEMS

WHIPPED POTATOES W/GRAVY

**GOLDEN CORN** 

**UNLIMITED SIDES OF** 

FRESH VEGETABLES AND FRUIT

ASSORTED MILK CHOICE

SWEET SESAME CHICKEN

STIR FRY OVER RICE

**BLUE DEVIL** 

SPICY CHICKEN BREAST

ON A FRENCH ROLL

**SIDE ITEMS** 

WHIPPED POTATOES W/GRAVY

**GOLDEN CORN** 

**UNLIMITED SIDES OF** 

FRESH VEGETABLES AND FRUIT

ASSORTED MILK CHOICE

MTL

TOMATO BASIL FLATBREAD

**OVEN BAKED FRENCH FRIES CARROT COINS** UNLIMITED SIDES OF FRESH VEGETABLES AND FRUIT ASSORTED MILK CHOICE 11 MTL

CHICKEN NUGGETS w/ DINNER ROLL

**BLUE DEVIL** 

FRESH MADE PIZZA

SIDE ITEMS

POPCORN CHICKEN w/BREADSTICK **BLUE DEVIL** 

FRESH MADE PIZZA SIDE ITEMS

**OVEN BAKED FRENCH FRIES** CARROT COINS UNLIMITED SIDES OF FRESH VEGETABLES AND FRUIT ASSORTED MILK CHOICE

18 CHICKEN NUGGETS w/DINNER ROLL

> **BLUE DEVIL** FRESH MADE PIZZA

SIDE ITEMS OVEN BAKED FRENCH FRIES CARROT COINS UNLIMITED SIDES OF FRESH VEGETABLES AND FRUIT ASSORTED MILK CHOICE

25 POPCORN CHICKEN W/BREADSTICK

> **BLUE DEVIL** FRESH MADE PIZZA

SIDE ITEMS **OVEN BAKED FRENCH FRIES** CARROT COINS UNLIMITED SIDES OF

FRESH VEGETABLES AND FRUIT ASSORTED MILK CHOICE

**FISH** 

SANDWICHES

**AVAILABLE** 

**EVERY FRIDAY** 

**DURING LENT** 

MTL

BAKED LASAGNA w/GARLIC TOAST **BLUE DEVIL** HOME MADE STROMBOLI

SIDE ITEMS

**CRINKLE CUT FRIES** SWEET PEAS UNLIMITED SIDES OF FRESH VEGETABLES AND FRUIT ASSORTED MILK CHOICE

6

13

20

27

CHIPOTLE FLATBREAD

SIDE ITEMS

ROASTED RED POTATOES **GREEN BEANS UNLIMITED SIDES OF** FRESH VEGETABLES AND FRUIT ASSORTED MILK CHOICE

MTL

**BEEF TACOS** 

W/ LETTUCE & CHEESE

**BLUE DEVIL** 

HOME MADE STROMBOLI

SIDE ITEMS

STEAMED RICE

**GREEN BEANS** 

UNLIMITED SIDES OF

FRESH VEGETABLES AND FRUIT

ASSORTED MILK CHOICE

LEBO CHICKEN CRUNCH

OVER RICE

**BLUE DEVIL** 

CHIPOTLE FLATBREAD

SIDE ITEMS

**EGG NOODLES** 

STEAMED BROCCOLI

**UNLIMITED SIDES OF** 

FRESH VEGETABLES AND FRUIT

ASSORTED MILK CHOICE

12

19

26

**NACHO GRANDE** 

**BLUE DEVIL** 

**UNLIMITED SIDES OF** FRESH VEGETABLES AND FRUIT ASSORTED MILK CHOICE

**GRILLED CHICKEN SANDWICH** 

**FRIDAY** 

MTL

PULLED PORK STREET TACO

**BLUE DEVIL** 

BONFI FSS WINGS

W/ CELERY STICKS

SIDE ITEMS

TATER TOTS

MIXED VEGETABLES

**BLUE DEVIL** 

BONELESS WINGS W/ CELERY STICKS

SIDE ITEMS TATER TOTS

MIXED VEGETABLES **UNLIMITED SIDES OF** FRESH VEGETABLES AND FRUIT ASSORTED MILK CHOICE

CHICKEN STIR FRY

OVER BROWN RICE **BLUE DEVIL** 

**BONELESS WINGS** W/ CELERY STICKS

SIDE ITEMS TATER TOTS

MIXED VEGETABLES **UNLIMITED SIDES OF** FRESH VEGETABLES AND FRUIT ASSORTED MILK CHOICE

MTL

CHICKEN FAJITA WRAP **BLUE DEVIL BONELESS WINGS** 

W/ CELERY STICKS SIDE ITEMS

**CURLY FRIES** MIXED VEGETABLES **UNLIMITED SIDES OF** FRESH VEGETABLES AND FRUIT

ASSORTED MILK CHOICE

NOW HIRING SUBSTITUTES AND FULL-TIME

JOIN OUR TEAM FOR:

FLEXIBLE WORK SCHEDULE

POSITIONS!

- OFF WHEN THERE IS NO SCHOOL
- LEAVE AFTER YOUR CHILDREN AND COME HOME BEFORE THEM!



FRESH MADE SANDWICHES AND

FRESH MADE GRAB-N-GO SALADS

### MENU SUBJECT TO CHANGE

THIS INSTITUTION IS AN EOUAL OPPORTUNITY