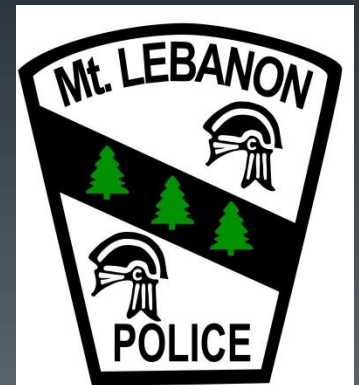


Cyber Safety for Parents

Presented by the Mt. Lebanon Police and the Federal Bureau of Investigation.



General Protective Guideline

- Where is your Computer located in the house?
- Are you sure?



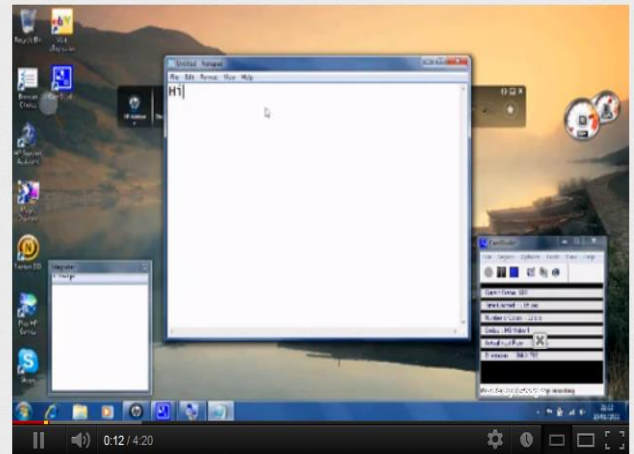


Parental Controls

- Can be very effective for young children. Less so with older kids.
 - Filtering and blocking
 - Blocking outgoing content
 - Limiting time spent online
 - Monitoring tools (can be with or without child's knowledge).
- Don't rely solely on technology to protect your kids.
- Built into Operating System in many cases
- Netnanny
- Constantguard

how to beat parental controls

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Kids can...

- Use a different browser
- Use a hidden browser
- Use remote location for files (Check the C drive, or external hard drive)

What to do?

- TALK TO YOUR CHILDREN ABOUT ONLINE BEHAVIOR!
 - Talk about CREDIBILITY
 - Not everything they see or hear is true.
 - Not everyone is who they seem to be.
 - Once you post something it can be seen by the whole world.
 - Once you post something it can be impossible to “Unpost” it.
 - Talk about EXPECTATIONS
 - “Keyboard Courage”
 - Have reasonable expectations
 - Have a plan if you find/learn something.
- Believe it or not, they listen to you and respect your opinion
- If you find evidence of your child doing this, talk to them.

- 
- Start young. Children are getting online younger and younger everyday. Have a role in establishing good behaviors at the beginning.
 - Kids can stumble onto inappropriate material very easily. Use these as teachable moments.
 - Limit the times they are allowed to be online and for how long.
 - Make it clear that you care about their online behavior.



Talking to your kids

- Start early. Initiate conversations. Don't always wait for them. Use movies, television, news stories etc to start conversations.
- Be open and honest. You don't have all the answers. Being honest about that can build trust.
- Communicate your values and expectations and make clear how they integrate into an online environment.
- Be patient. Don't rush conversations. Have a plan on how to react in the event your child does something you find inappropriate.

Social Media

- We start talking to them in 3rd grade about online safety.
- Faux Paw, Six Toe Ernie and Happy Fluffy Kitty Face...



Social Media

- Set a good example yourself. Talk to your kids.
- We tell the kids to;
 - Never share your personal information, including pictures.
 - Think before posting.
 - NEVER meet someone in person you first contacted online.
 - Limit friends to people you know.
 - Protect your friend's privacy too.
 - Set the Privacy setting as strict as possible, but understand they are not reliable.
 - Tell your parents if something makes you uncomfortable.



Social Media

- Talk to your children about their use. We always make it a point to ask the kids what they are using their computers for and what websites they like to visit.
- Do your own research. Look at the privacy settings and support options for the page. Many have specific information for parents.
- “Giant Billboard”

Cyber bullying

- Basically, bullying through technology.
- Can cross over into “Real World”
- What can you do?
 - Communicate
 - Monitor their communications
 - Don't react to the bully. Save all the communications to share with the school and police.
 - Block the bully if possible.
 - Contact authorities if needed. Remember many bullying behaviors are also illegal.

Resources

- Federal Trade Commission –Onguard Online Info
<http://www.onguardonline.gov>

National Center for Missing and Exploited Children
<http://www.ncmec.org>

Federal Bureau of Investigation
<http://www.fbi.gov>

www.ikeepsafe.org

